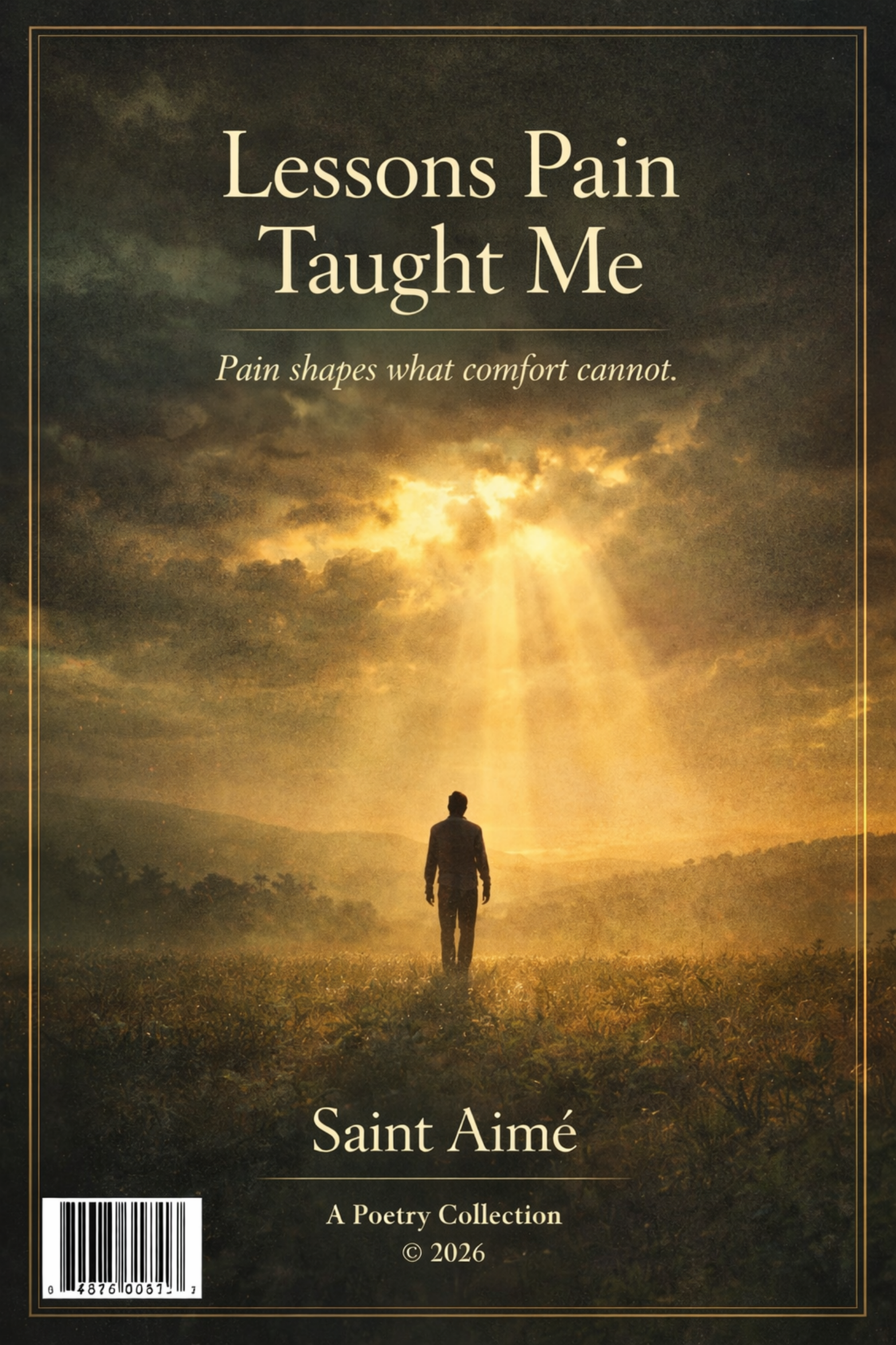
Lessons Pain Taught Me

Pain shapes what comfort cannot.



Saint Aimé

A Poetry Collection

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Pain never asked permission.
It entered my life loudly,
changed the furniture of my heart,
and left me to clean the mess alone.

It taught me that promises can fade,
that people can leave
even after swearing they never would.

Pain taught me self-reliance,
taught me how to stand
when no one was reaching back.

I did not choose these lessons,
but they shaped me anyway.
And though I would never invite pain again,
I cannot deny,
it turned me into someone stronger
than I ever planned to be.